ABOUT BVU SOFTBALL

Clinic Director | **Heather Hupke**

Hupke will begin her fifth season as head coach at her alma mater in the spring of 2013. Since making her way back to BVU, she has helped lead the Beavers back into the Iowa Conference Tournament, and the team finished 17-17 in 2012, marking the first .500 overall record in a single season since 2002. The team has had three all-conference players in the last two seasons, after having none in the previous three. In 2010, the program was honored with seven players on the National Fastpitch Coaches Association All-Academic Team, marking the program's largest total since 2005 (7).

Assistant Coach | **Cody Tibbetts**

Tibbetts will return for a second season as an assistant coach for the softball team in 2013. He was a top relief pitcher for the Beaver baseball team from 2002-04. During that time, he posted nine career saves, which is currently the second-most in program history. His 40 career appearances are also the seventh-most. Tibbetts graduated in 2006 from Buena Vista with a bachelor’s degree in elementary education and special education, and is in his seventh year of teaching, including the last three at Storm Lake elementary school.

**Questions…Contact:**

Heather Hupke, Softball Coach
712.749.2014 Office
hupkeh@bvu.edu
The Buena Vista University Softball team will be holding their annual softball clinics. Two pitching clinics and along with a fundamentals of offense and defense clinic for each age group are offered. Note that pitching clinics will be the same each session so there is no need to attend more than one pitching clinic. The registration form is available for download on our website: www.bvu.edu/athletics (camps & clinics).

Enrollment is limited to insure individual instruction is given to each athlete. Instruction will be provided by our coaching staff, members of the BVU softball team and selected high school coaches. Students will be divided by both grade level and skill level at the Lamberti Recreation Center on the BVU campus.

**Morning Session:**
- Check in: 8:45 a.m.
- Clinic: 9 – Noon

**Afternoon Session:**
- Check in: 12:45 p.m.
- Clinic: 1 – 4 p.m.

**REGISTRATION**
Applications will be accepted by mail or email. No phone registrations will be accepted. When we receive your registration we will notify you by email to confirm your enrollment. Please register 10 days prior to the clinic date to ensure a t-shirt. In case inclement weather becomes a factor in your transportation safety, we will try to accommodate you at another session or refund your registration fee. For weather related postponements/cancellations, please check the BVU athletics website.

**COST**
- One Clinic: $50
- Two Clinics: $85
- T-shirt: $10*

*(Catchers that attend only the pitching clinic can attend for free unless they wish to purchase a clinic t-shirt). All campers will receive a camp t-shirt (please indicate size on registration form).

**FUNDAMENTALS**

**OFFENSIVE/DEFENSIVE CLINIC**
- Hitting, bunting and slapping
- Basics of catching, throwing and fielding
- Infield fundamentals
- Outfield fundamentals
- Catcher fundamentals
- Base running

**PITCHING CLINIC**
- Pitching demonstration with warm up & conditioning
- Pitching drills
- Basic pitching fundamentals
- Common problems & corrections
- Radar gun for speed analysis
- Advanced skills – drop ball, change-up & curve ball
- Agility and strength

**EQUIPMENT**
- Players should come dressed in comfortable work-out clothes, tennis shoes and bring their own glove. Younger players may want to bring their bat/helmet if they have one. We will have a limited supply of smaller bats and helmets.
- Catchers must bring their own catching gear and will be required to wear a mask when catching.
- Pitchers should bring their own ball and catcher (parents are welcome to catch). We recommend that pitchers begin throwing now in order to guard against sore arms.
- Each player should identify their equipment, as BVU will not be responsible for lost or stolen articles.

**Camps & Clinics**
- Morning Session: Check in: 8:45 a.m., Clinic: 9 – Noon
- Afternoon Session: Check in: 12:45 p.m., Clinic: 1 – 4 p.m.

**Parent/Guardian Consent and Release**
I, the undersigned, parent and/or legal guardian of the minor named above (the “minor”), do hereby consent to her participation in the BVU Softball Clinic, I, as the parent and/or legal guardian of the minor, in consideration of the receipt and acceptance of the clinic, release the BVU Softball Team (collectively, “BVU”), its primary and secondary sponsors, coaches, officers, directors, employees, agents, and volunteers, (collectively the “Indemnitees”), from any and all liability, claims, losses, damages, costs, and expenses, including but not limited to, ordinary or gross negligence.

**Payment**
Prepayment for the amount due is required to ensure that the camper will receive a t-shirt.